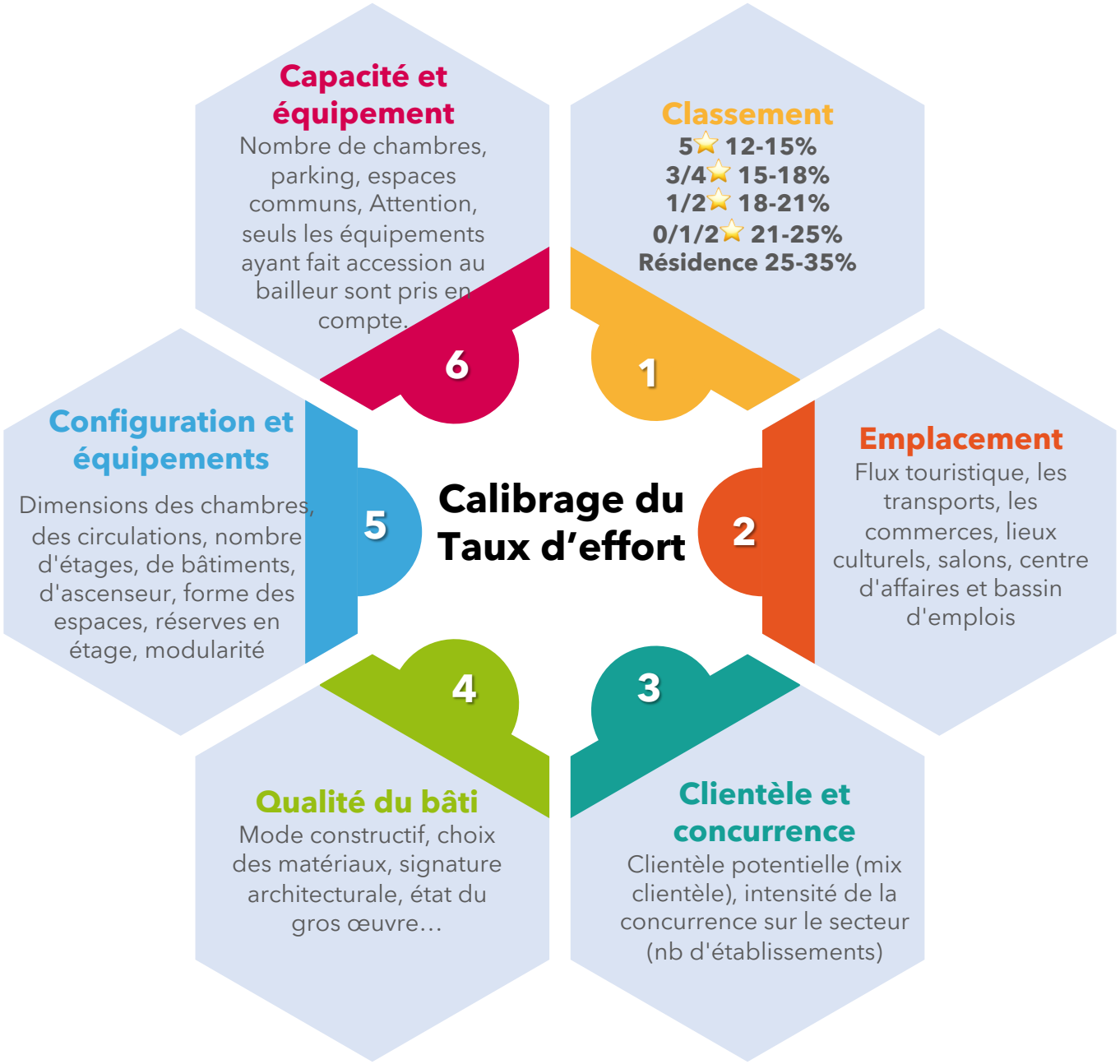CALIBRAGE DU TAUX D'EFFORT